Professional and Personal Development  
Workshop Announcement

Beginning another Year, Sharing Stories of our ongoing journeys ...Making 2020 a Turning Point in my Professional and Personal Growth

(Dates: Jan 20-24, 2020)

Workshop Brief:

New year is a time for reflection and resolutions. This workshop is a 5 day workshop to look back and look forwards, make assessments, resolve residual conflicts, feel our energy and start to work for our dreams. We may need to bid goodbye to that which is holding us back and to perhaps reinvent ones strategies. In the workshop we take stock of our biographical experiences in the last years and sow new seeds for our personal growth and maturation.

We work together in a group in a supportive and empathic way to rethink the meanings we made of our lives till now and to raise the treasures of our personality to become stronger for life and its challenges. So we can use the group to reflect on our inner pictures and outside perception. We use creative and meditative elements, body expression and techniques of psychodrama, to get a new or deepened perspective on our lives and to draw ourselves to work towards the direction we wish it to take. We lead/work with Theme Centered Interaction (TCI), a group method facilitating an interactive, trustful and open process for professional development and personal growth.

Details of Workshop:

- **Workshop Dates**: January 20-24, 2020
- **Time**: 10.am -6.00 pm.
- **Venue**: Green Room, TISS, New Campus
- **Nature of Workshop**: Professional and Personal Development
- **Eligibility**: Min age 18 years, conversant with English.
- **Number of Participants**: Max. 25 (on first come, first serve basis)
- **Facilitators**: Nishi Mitra vom Berg and Andrea Schmid
- **Cost**: Rs. 15,000 (Fifteen Thousand)
- **Contact**: 9819766358/ 022 2552 5286
- **Email**: nishimitra@tiss.edu

Residence for outstation participants is available in TISS guest house on payment basis @ Rs 2000 per night. Contact Nishi Mitra (nishimitra@tiss.edu) for stay arrangements.
Tata Institute of Social Sciences, Mumbai
Registration Form

Workshop Theme:
Making 2020 a Turning Point in my Professional and Personal Growth

Dates: January 20-24, 2020
Fees: Rs. 15,000

Participant’s Details:

Name :
Sex :
Age :
Profession :
Organization :

Previous Experience with TCI Workshops (Number(s), Name of WS and Year)

Contact Address :
Email:
Mobile:

For Registration: Submit form along with fees by DD favoring, Tata Institute of Social Sciences, Mumbai, payable at Mumbai. Submission can be made in person or by courier to Prof Nishi Mitra, School of Development Studies, New Academic Building, Room No. 604, 6th floor, Tata Institute of Social Sciences, New Campus, Deonar Farm Road, Deonar, Mumbai 400088. Last date: Jan 5, 2020. Contact Prof (Dr). Nishi Mitra, 9819766358/ 022 2552 5286, nishimitra@tiss.edu

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