My friend with disability plays piano amazingly well with one finger due to her talent but I don't play piano as I learnt and forgot...So who is disabled? The one who forgot what he learnt or the one who has the talent for it.

If I can't take out a book in the top most shelf of an almirah and I ask my dad to take it out for me please...so I am disabled to reach out due to the height being more than my hands could reach...So who is disabled? The one who made the almirah, my Dad who never thought about me while buying the almirah or me, who's short in height?

If I can't follow my teachers teaching in the class ppt presentations and when they write in the board without saying what they write...I feel completely helpless and whisper in my friend's ears as I am a blind student. I wish my teachers read every word in the ppt while teaching through it and explaining the concept as it will be useful for entire class...so that my blindness will have nothing to do with my learning if I am fully accommodated like my other non-disabled peers...So I will be better able to grasp the concepts my teachers teach...Because they put efforts to include me in class.

Disability is about understanding diversity in the context of strengths and capabilities which are unrecognized as they're unimagined and unexplored...Inclusion is about Social cohesion that opens up personal boundaries & to foster interdependence in harmony.