Disability & Space....Shifting boundries to Accept

Disability is a construct of the mind, with the human difference seen outside we start building barriers inside and clinging to those with labels, leading to stigmatised behaviour to the other individuals who are also one amongst us. What if, one day we have some difficulty? With the turning pages of life even we start facing certain difficulties in achieving our goals with the same ease as it occured in our childhood or youthful days. Let us spread the flying colours of acceptance for all with the sweet smell of respect for those fellow friends whom we have seen with a different lens till now. Let us include them, and take pledge in our hearts to treat them equally, to appreciate their strengths and help them build up on them. Lets break those glass walls and glass ceiling concepts and liberate our minds from feeling of sickness and stigmatising citizens creeping on the fads and constructs of the society.

My heart weeps within at the construct weeps our minds therein
My hand shiver at the dogmas creeping our veins in
The way she fluttered beautifully on the tunes of sound on her one leg
Made the audience break their small shell nutmegs
I was ashamed for what all we presume
and sometimes fail to compliment the unsmelled perfume
The unseen talents, strenghts that are often overlooked
Make my mind think that its high time we reimage the raw which was overlooked and never cooked.

Juhi Singh..